

LUNCH

WEEK 2

EAT WELL
LIVE NICE

ON A
FRESH FOOD
MISSION

MY
LUNCH
MY WAY

THE

KITCHENEERS

w/c 07/09, 28/09, 19/10, 9/11,
30/11, 21/12, 11/01, 01/02, 22/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	NEW Halal Tikka Kofta Style Meatball Massala Curry with Mint Yoghurt	Halal Chicken Sausage & Mash	NEW Halal Lemon & Thyme Roast Chicken Thigh with Gravy	Halal Teriyaki Chicken with Noodles	Classic Battered Fish / Halal Chicken Strips / Chicken Sausage (Plain or Battered)
Main 2	Sweet Potato & Chick Pea Curry with Rice VE	Sausage & Mash VE	NEW Quorn Sausage & Stuffing Wellington with Gravy VE	NEW Edamame & Vegetable Soya Garlic Stir Fry VE	Pizza Slice or Veggie Nuggets with Classic Curry Sauce or Chippy Gravy VE
Carb	Steamed Rice	Chive Mash	Skin on Roasties	Soya Noodles	Chips / Fries
Veg / Salad	Garlic Green Beans	Broccoli & Peas	Roast Parsnip & Green Beans	Wokked Greens & Beans	Garden Peas / Smashed Peas
Potted	Halal Meatball Marinara Pasta	Halal Katsu Chicken & Rice	Tomato Soup w/ Half Cheese Toastie Combo VE	Halal Pasta Bolognese	Halal Chicken Curry Rice / Chips Pot
Hand Held	Cheesey Bean Quesedilla VE	Halal Chicken Tikka Roti Wrap with Mint Yoghurt	Loaded Cheese & Gravy Roasties Pot VE	Halal Thai Green Chicken Noodles	Halal Classic Ketchup & Crispy Onion Chicken Hot Dog

SERVED DAILY

Pizza By The Slice
Fresh Toasted Panini
Selection of Filled Breads
Selections of Salads
Freshly Cut Fruit

JACKET CLASSIC

Baked Beans,
Cheddar Cheese
or Beans & Cheese

SPUDS

TOPPED SPUDS

Monday – Tikka Kofta Masala
Tuesday – Halal Katsu Chicken
Wednesday – Cheese, Stuffing & Gravy
Thursday – Halal Bolognese
Friday – Classic Selection

DESSERTS

Monday
Freshly Baked
Cookies

Tuesday
Coconut Granola
Flapjack

Wednesday
Caribbean Coconut
Fruit Crumble

Thursday
Pineapple Chilli
Fruit Pot

Friday
Homebakes
Selection

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced

