

LUNCH

WEEK 1

EAT WELL
LIVE NICE

ON A
FRESH FOOD
MISSION

MY
LUNCH
MY
WAY

THE

KITCHENEERS

w/c – 31/08, 21/09, 12/10, 02/11,
23/11, 14/12, 04/01, 25/01, 15/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	 Halal BBQ Chicken Loaded Mac with Spicy BBQ Drizzle	Halal Chicken Shawarma	 Halal Garlic & Thyme Roast Chicken with Dripping Gravy	Halal Chipotle Chicken, Corn Salsa & Rice	Classic Battered Fish / Halal Chicken Strips / Chicken Sausage (Plain or Battered)
Main 2	 Classic Mac 'n' Cheese with Herby Crumb 	Roasted Vegetable Shawarma 	 Cheesy Cauliflower & Red Onion Gratin 	Chilli Bean & Cheese Stack with Wedges 	Pizza Slice or Veggie Nuggets with Classic Curry Sauce or Chippy Gravy 
Carb	--	Hand Cut Wedges	Skin on Roasties	Coconut Rice	Chips / Fries
Veg / Salad	Summer Crunch Salad	Ranch Drizzle Pink Slaw	Savoy Cabbage & Carrots	Wokked Greens & Beans	Garden Peas / Smashed Peas
Potted	Halal Meatball Marinara Pasta	Halal Katsu Chicken & Rice	Tomato Soup w/ Half Cheese Toastie Combo 	Halal Pasta Bolognese	Halal Chicken Curry Rice / Chips Pot
Hand Held	Halal Hot Honey Chicken Thigh Burger	Mexican Bean Balance Bowl 	Loaded Cheese & Gravy Roasties Pot 	Halal BBQ Pulled Chicken Nachos with Pink Slaw	Halal Classic Ketchup & Crispy Onion Chicken Hot Dog

SERVED DAILY

Pizza By The Slice
Fresh Toasted Panini
Selection of Filled Breads
Selections of Salads
Freshly Cut Fruit

JACKET CLASSIC

Baked Beans,
Cheddar Cheese
or Beans & Cheese

SPUDS

TOPPED SPUDS

Monday – Halal Meatball Marinara
Tuesday – Pink Slaw & Ranch
Wednesday – Halal Chicken & Gravy
Thursday – Halal Massaman Curry
Friday – Spicy Salmon Crunch

DESSERTS

Monday
Freshly Baked
Cookies

Tuesday
Southern Banana
Pudding

Wednesday
Cinnamon Apple
Crumble & Custard

Thursday
Sticky Toffee
Cookies

Friday
Homebakes
Selection

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced

