

LUNCH**WEEK 3****EAT WELL
LIVE NICE****ON A
FRESH FOOD
MISSION****MY
LUNCH
MY
WAY****THE****KITCHENEERS**w/c 14/09, 05/10, 26/10, 16/11,
07/12, 28/12, 18/01, 08/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	 Halal Marinated Peri Peri Chicken with Perinaise Dip	 Halal Meatball Marinara Loaded Lasagne	 Halal Sticky & Smokey Roast Chicken with Yorkshire Pudding & Gravy	Halal Kansas BBQ Chicken with Rice	Classic Battered Fish / Halal Chicken Strips / Chicken Sausage (Plain or Battered)
Main 2	 Veggie Bean Burger with Perinaise Dip 	 Simply Veggie Lasagne 	 Veggie Lentil Puff Pastry Pie 	Three Bean Chilli & Rice 	Pizza Slice or Veggie Nuggets with Classic Curry Sauce or Chippy Gravy 
Carb	Spicy Rice	Focaccia	Skin on Roasties	Steamed Rice	Chips / Fries
Veg / Salad	Lemon & Lime Slaw	Garlic Green Beans & Peas	Broccoli & Carrots	Mango Kale Chaat Salad	Garden Peas / Smashed Peas
Potted	Halal Classic Bolognese	Halal Katsu Chicken & Rice	Tomato Soup w/ Half Cheese Toastie Combo 	Mushroom Carbonara & Pasta	Halal Chicken Curry Rice / Chips Pot
Hand Held	Halal Honey Sriracha Chicken Wrap	Halal Pesto Chicken & Cheese Hot Focaccia Sandwich	Loaded Cheese & Gravy Roasties Pot 	Halal Buffalo Style Wings & Wedges Pot	Halal Classic Ketchup & Crispy Onion Chicken Hot Dog

SERVED DAILY

Pizza By The Slice
Fresh Toasted Panini
Selection of Filled Breads
Selections of Salads
Freshly Cut Fruit

**JACKET
CLASSIC**

Baked Beans,
Cheddar Cheese
or Beans &
Cheese

SPUDS**TOPPED SPUDS**

Monday – Carbonara
Tuesday – Halal Chicken Katsu
Wednesday – Chicken & BBQ Drizzle
Thursday – Butter Chicken or Bean Dahl
Friday – Spicy Salmon Crunch

DESSERTS

Monday
Freshly Baked
Cookies

Tuesday
Old Skool Sprinkle
Cake with Custard

Wednesday
Cinnamon Apple Pie
& Custard

Thursday
Watermelon
Wedges with Lime

Friday
Homebakes
Selection

MENU KEY

Vegetarian



Vegan and Planet Friendly



New Dish



Spiced

