

# KEVI CAMP HILL SCHOOL FOR GIRLS

## PERSONAL, SOCIAL & HEALTH EDUCATION (PSHE)

### CURRICULUM MAP (YEARS 7-13)



**KING EDWARD VI  
CAMP HILL  
SCHOOL FOR GIRLS**

*Educational excellence for our City*

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
<b>YEAR 7</b>	What is PSHE? Transition to secondary school Learning to learn – study skills & reading to learn	British Values – personal values & their contribution to society Prevent – what is extremism?	Diversity, prejudice & bullying, including cyberbullying & online safety Healthy & unhealthy relationships – friendship	Managing puberty & the issues of unwanted contact Substance abuse	Self-esteem, romance & friendships Planning for Condoover residential Exploring family life	Making ethical financial decisions Saving, spending & budgeting money
	Democracy and class elections	What makes a healthy lifestyle? Sleep, Diet, Exercise, Wellbeing & mindfulness				
<b>YEAR 8</b>	Election British Values Prevent First aid & personal safety, focusing on road safety Alcohol & drug misuse & managing peer influence	Tackling age, disability, youth & homophobic discrimination Understanding the portrayal of discrimination in the media The Equality Act	Tackling racism & religious discrimination, promoting human rights Online safety & digital literacy including: Grooming, Sexting	Mental health & emotional wellbeing, including body image Managing change & loss	Introduction to sexuality & consent Introduction to contraception including condom & the pill	Income & expenditure Importance of budgeting & credit What is tax & why is it needed
<b>YEAR 9</b>	Election British Values Prevent Peer pressure, assertiveness & risk, gang crime Dieting, lifestyle balance & unhealthy coping strategies	Managing conflict at home Tackling homophobia, transphobia & sexism	Understanding careers & future aspirations Identifying learning strengths & setting goals as part of the GCSE options process	Managing peer pressure in relation to illicit substances Assessing the risks of drug & alcohol abuse & addiction	Relationships & sex education including healthy relationships & consent The risks of STIs, sexting & pornography	Planning & carrying out an enterprise project Reflecting on learning skills development in Key Stage 3

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
<b>YEAR 10</b>	Election British Values Prevent Transition to Key Stage 4 & developing study habits Mental health & ill health, tackling stigma	The role of Parliament Economic wellbeing Understanding the causes & effects of debt Understanding the risks associated with gambling Tackling relationship myths & expectations	Tackling relationship myths & expectations Managing romantic relationship challenges including break ups	Exploring the influence of role models Evaluating the social & emotional risks of drug use	Senior Citizen Party	Understanding different families & learning parenting skills Managing change, grief & bereavement
<b>YEAR 11</b>	Election British values Prevent Managing change, grief & bereavement Promoting self-esteem & coping with stress  Understanding the college application process & plans beyond school	Understanding the college application process & plans beyond school Skills for employment & career progression	Personal values & assertive communication in relationships Tackling domestic abuse & forced marriage	Health & safety in independent contexts Taking responsibility for health choices	Human rights & community cohesion Challenging extremism & radicalisation	
<b>YEAR 12</b>	Settling in to the Sixth Form How to make the most of your time in the Sixth Form  Societal responsibilities (free speech, democracy, British values, Prevent) Being well informed Wellbeing and managing stress		Next steps beyond Camp Hill Universities Gap Years Apprenticeships Unifrog Employment pathways The UCAS and university admissions process The EPQ – Introduction to this, in preparation for Year 13		Preparing for examinations Personal statements  Personal safety and looking after yourself  Relationships and health issues	
<b>YEAR 13</b>	Finalising Personal Statements and choices Preparing for University Interviews Student Finance Advice on loans Budgeting and Banking Student Accommodation		Personal Safety at University University Life Cooking on a budget  Advice on accepting University offers and using UCAS Clearing, Extra and Adjustment			

Core Theme 1 Health & Wellbeing	Core Theme 2 Relationships	Core Theme 3 Living in the Wider World
Topic areas: Personal identity Healthy lifestyles Keeping safe	Topic areas: Healthy relationships Relationships & sex education Relationship safety Valuing difference	Topic areas: Rights & responsibilities Economic wellbeing Employability & enterprise Career progression