



KEVI CAMP HILL SCHOOL FOR GIRLS

PERSONAL, SOCIAL & HEALTH EDUCATION (PSHE)

CURRICULUM MAP (YEARS 7-11)



The core themes covered in PSHE in Key Stages 3 and 4 can be found below the table.

		AUTUMN TERM		SPRING TERM		SUMMER TERM	
KEY STAGE 3	YEAR 7	What is PSHE? Transition to secondary school Learning to learn – study skills & reading to learn	British Values – personal values & their contribution to society Prevent – what is extremism?	Diversity, prejudice & bullying, including cyberbullying & online safety Healthy & unhealthy relationships – friendship	Managing puberty & the issues of unwanted contact Substance abuse	Self-esteem, romance & friendships Planning for Condoover residential Exploring family life	Making ethical financial decisions Saving, spending & budgeting money
	YEAR 8	Democracy and class elections	What makes a healthy lifestyle? Sleep, Diet, Exercise, Wellbeing & mindfulness				
	YEAR 9	Election British Values Prevent First aid & personal safety, focusing on road safety Alcohol & drug misuse & managing peer influence	Tackling age, disability, youth & homophobic discrimination Understanding the portrayal of discrimination in the media The Equality Act	Tackling racism & religious discrimination, promoting human rights Online safety & digital literacy including: Grooming, Sexting	Mental health & emotional wellbeing, including body image Managing change & loss	Introduction to sexuality & consent Introduction to contraception including condom & the pill	Income & expenditure Importance of budgeting & credit What is tax & why is it needed
		Election British Values Prevent Peer pressure, assertiveness & risk, gang crime Dieting, lifestyle balance & unhealthy coping strategies	Managing conflict at home Tackling homophobia, transphobia & sexism	Understanding careers & future aspirations Identifying learning strengths & setting goals as part of the GCSE options process	Managing peer pressure in relation to illicit substances Assessing the risks of drug & alcohol abuse & addiction	Relationships & sex education including healthy relationships & consent The risks of STIs, sexting & pornography	Planning & carrying out an enterprise project Reflecting on learning skills development in Key Stage 3



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		AUTUMN TERM		SPRING TERM		SUMMER TERM	
KEY STAGE 4	YEAR 10	Election British Values Prevent Transition to Key Stage 4 & developing study habits Mental health & ill health, tackling stigma	The role of Parliament Economic wellbeing Understanding the causes & effects of debt Understanding the risks associated with gambling Tackling relationship myths & expectations	Tackling relationship myths & expectations Managing romantic relationship challenges including break ups	Exploring the influence of role models Evaluating the social & emotional risks of drug use	Senior Citizen Party	Understanding different families & learning parenting skills Managing change, grief & bereavement
	YEAR 11	Election British values Prevent Managing change, grief & bereavement Promoting self-esteem & coping with stress Understanding the college application process & plans beyond school	Understanding the college application process & plans beyond school Skills for employment & career progression	Personal values & assertive communication in relationships Tackling domestic abuse & forced marriage	Health & safety in independent contexts Taking responsibility for health choices	Human rights & community cohesion Challenging extremism & radicalisation	

Core Theme 1 Health & Wellbeing	Core Theme 2 Relationships	Core Theme 3 Living in the Wider World
Topic areas: Personal identity Healthy lifestyles Keeping safe	Topic areas: Healthy relationships Relationships & sex education Relationship safety Valuing difference	Topic areas: Rights & responsibilities Economic wellbeing Employability & enterprise Career progression